



OCTOBER DAILY WRITING PROMPTS

For every day in the month of October, write a thoughtful response to each of the following journal prompts:

1. In general, do you believe that music has had a positive influence on humanity?
2. Write a brief narrative describing a world where music does not exist.
3. Why is music an important part of culture? Explain using specific examples.
4. Describe the most popular type of music in your culture.
5. What do you think music will sound like 25 years from now?
6. If you could describe your life at this moment with a song, which song would it be? Why?
7. Today, I wish _____, because _____.
8. Today, I am thankful for _____, because _____.
9. Why is it important to be thankful?
10. Does gratitude lead to happiness? If so, how?
11. Who was the last person you thanked? Why did you thank them?
12. Who would you like to thank at this very moment? Why?
13. Aside from verbally expressing your gratitude, what are other ways you can show others how thankful you are?
14. List 3 things you are thankful for today.
15. Today, I feel _____, because _____.
16. Does food define a culture? Explain.
17. Is food an important part of your culture? If so, how?
18. Write a persuasive paragraph arguing whether portion sizes in restaurants are too big, too small, or just enough.
19. What was the most daring and strangest thing you have eaten?
20. Would you consider yourself a healthy person? Why or why not?
21. Should the government place higher taxes on junk food and fast-food restaurants? Why or why not?
22. Today, I wish _____, because _____.
23. Do you believe in the supernatural? Why or why not?
24. Do you enjoy hearing a good scary story? Why or why not?
25. What is the scariest story you have ever heard?
26. Define the word 'superstition'. What is one superstition you have heard before?
27. Do you think there is truth to some superstitions? Explain.
28. What are three things people own that they believe can bring them good luck?
29. What are three things people own that they believe can bring them bad luck?
30. Do you celebrate Halloween? Why or why not?
31. Today, I am afraid of _____, because _____.

WE' D LOVE TO HEAR FROM YOU!



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