



DECEMBER DAILY WRITING PROMPTS

For every day in the month of December, write a thoughtful response to each of the following journal prompts:

1. Today, I am looking forward to _____, because _____.
2. During tough times, what is one thing you do to encourage yourself?
3. Has anyone given you encouragement in the past? Explain the events that led to that scenario.
4. Do you feel uncomfortable when someone around you is crying? Why or why not?
5. How can you encourage a friend who is going through a tough time in school?
6. How can you encourage a friend who is going through a tough time at home?
7. How can books help people who are going through a tough time? Explain using examples.
8. What is your favorite motivational quote? If you do not have one, search online for a quote that speaks to you.
9. In your own words, define the word *sympathy*.
10. Have you felt sympathy before? Explain the situation as a narrative.
11. In what ways can sympathy help our world become a better place? Explain using examples.
12. Give an example of a time in history when sympathy created a positive change in the world.
13. How is *sympathy* different from *empathy*? Explain using examples.
14. Today, I am _____, because _____.
15. What is one regret you have about the past year?
16. Does being regretful always have a negative effect? Explain.
17. What is one decision you made that you wish you could take back?
18. What is one thing in your life that you wish you could change?
19. What is one thing in your life that you would never want to change?
20. Do you think it is possible to forgive and forget? Explain.
21. Are you a forgiving person or do you hold grudges? Explain using specific examples from your life.
22. Do you receive gifts during the holiday season?
23. Should we discontinue gift-giving as a traditional part of the holiday season? Why or why not?
24. What are non-material gifts that you can give to someone? Give 3 examples.
25. Describe a typical Christmas day with your family.
26. Do you believe that Christmas should continue to be a mandatory holiday in most parts of the world? Why or why not?
27. Describe a shopping mall during the holiday season using your five senses (taste, touch, smell, sight, and hear).
28. Today, I am thankful for _____, because _____.
29. Name one country that does not celebrate the new year on January 1st. In your own words, explain their new year traditions.
30. Reflect on the year that has gone by. Was it a good year for you? Why or why not?
31. This upcoming year, I can't wait for _____, because _____.

WE' D LOVE TO HEAR FROM YOU!



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